



FREE TRAINING - BREAKFAST INCLUDED

OLDER ADULT MENTAL HEALTH FIRST AID

LEARN TO SUPPORT OLDER ADULTS BY BECOMING A CERTIFIED MENTAL HEALTH FIRST AIDER

**November 10th and 12th
9:00am - 1:00pm each day**

****Participants must attend both days**

**RCS Community Library
95 Main Street, Ravena, NY**



Register Today!

<https://OA-MHFA-RCS.eventbrite.com>

Equipping family members, caregivers, and staff who support older adults experiencing mental health challenges with skills

to guide them to appropriate professional help.



Questions? Contact Brenda Hansson at bhansson@hmahec.org

